

THE RENTAL GAZETTE

NEW

EDITION 5

10TH, NOV, 2023

DEL VAL REALTY



Everybody's favorite Kardashian, Kourtney & Travis Barker welcomed their first child together on November 3rd! A Baby Boy named **Rocky Thirteen Barker**.



'FRIENDS' STAR MATTHEW PERRY, DEAD AT 54.

Perry was found at home in his hot tub, an investigation into his death is still ongoing.

 [AP News Reports.](#)

GATOR WRESTLING WITH ALEX DUSEWICZ

Alex taking on the 'reel' challenge in a gator showdown – no gators were harmed in the making of this match!



NO PLANS FOR YOUR WEEKEND?

Consider visiting [Linvilla Orchards](#) with your family or solo! Enjoy the fall food and festivities.



NEWSLETTER



Five Star Reviews

Congratulations to **Chrystele, Kevin & Johnny** - They all received 5 Star Google Reviews in October. Lets all continue to drive the Del Val Mission forward!



Welcome to The Team, Ashley!



Please join me in welcoming Ashley, our new Property Manager Assistant, to the team. Ashley brings a wealth of enthusiasm and talent to the team, and we're excited to have her on board. Let's work together to make her feel right at home!



Quote of The Day!

"Success is a journey we take together, fueled by collaboration and commitment."



Preparing for The New Year!

As we approach the new year, we have an exciting update to share with you. Starting in the upcoming year, Del Val Realty will be separating our billing from our sister company, Del Val Maintenance. This strategic move is aimed at streamlining your financial statements and enhancing clarity in your accounts. By keeping maintenance billing separate from owner draws, we aim to provide you with more transparent and straightforward account statements. We believe this change will contribute to a smoother and more comprehensible financial experience for you. As always, we appreciate your trust in Del Val Realty, and we look forward to continuing to provide you with excellent service.

Read More On

www.Delvalproperty.com

DIRECTORS *in* HILTON HEAD



ALEX'S BFF



OUR FRIEND DEB



Photos by Alex & Cha'ron

A few moments from Del Val's Annual Directors Retreat in Hilton Head, SC

FITNESS

HEALTH & FITNESS WITH KEV

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HOW TO MASTER YOGA?

You must move with the right speed and with the right posture. Your focus should be moving the joint as little as possible as you stretch the muscle. Human nature is to take the path of least resistance, which makes us feel flexible and comfortable.

YOGA BENEFITS

INCREASED STRENGTH

Many yoga poses require the engagement of various muscle groups, contributing to enhanced overall strength.

STRESS REDUCTION

Yoga incorporates mindfulness and deep breathing techniques that promote relaxation, reducing stress levels and promoting mental well-being

BETTER SLEEP

The relaxation and mindfulness aspects of yoga can contribute to improved sleep quality and may be beneficial for individuals with insomnia or other sleep disorders.